

- I. Get in the right *_game_* Phil 4:2-3
- A. Rule #1: *_Join_* the players
 - B. Rule #2: *_Esteem_* the other players
 - C. Rule #3: Work toward *_peace_* with other players
- II. *_Rejoice_* as you play your part in the game Phil 4:4-5
- A. Rule #1: You can *_rejoice_* in the Lord always
 - B. Rule #2: You can *_rejoice_* because the Lord is near
 - C. Rule #3: When you *_rejoice_* in the Lord, you will be peaceful
- III. Don't let *_anxiety_* take you out of your game Phil 4:6-7
- A. Rule #1: Hide *_nothing_* from God
 - B. Rule #2: Ask God about *_everything_*
 - C. Rule #3: Thank God in *_everything_*
 - D. Rule #4: God's *_peace_* will guard your heart and mind
- IV. *_Ponder_* and *_practice_* the things that keep you in the game Phil 4:8-9
- A. Rule #1: Fill your mind with the *_good_* and excellent
 - B. Rule #2: Put into practice the *_good_* you see in others
 - C. Rule #3: The God of *_peace_* will be with you

Small Group Questions

“Stay in the Game-Not in Anxiety”
Text: Phil 4:2-9

Dave Dawson

June 1, 2008

1. Read Philippians 4:2-9. Make as many observations about the church in Philippi as you can just based on what you read in the personal exhortations in these verses.
2. How does Paul deal with the contentious relationship between these two women? In what ways does Paul honor those that he mentions?
3. Think of those that “contend” alongside you in your group. How could you see them in the way that Paul sees those that he ministered alongside with?
4. Divide up the four chapters of the book of Philippians and count how many times the word “joy” or “rejoice” is written and also the context in which it is said. Share your findings with one another.
5. Paul wrote this letter of joy to the Philippians while he was imprisoned (see 1:12-14). Read Philippians 4:4-5. What do you think it means to rejoice in the Lord? How is that rejoicing to be expressed?
6. Name 12 different circumstances under which we are to rejoice in the Lord, since it is to be “always”.
7. When are you most likely to rejoice in the Lord and when are you least likely? How do you express it?
8. Read Philippians 4:6-7. We are told not to be anxious about anything. What are we supposed to do instead of becoming anxious?
9. Share about anything that is producing anxiety in your life right now. Afterwards, pray together, following the instructions in verse 6.
10. Why is the peace of God described as “transcending all comprehension”?

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